NEWS LETTER-2026
(July 2026 - September 2026

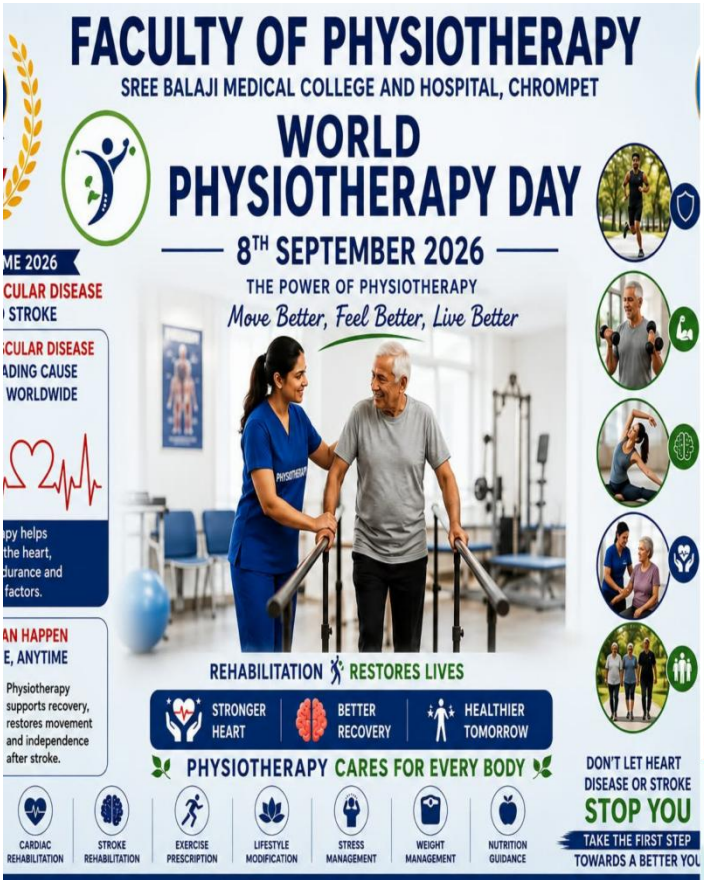
Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

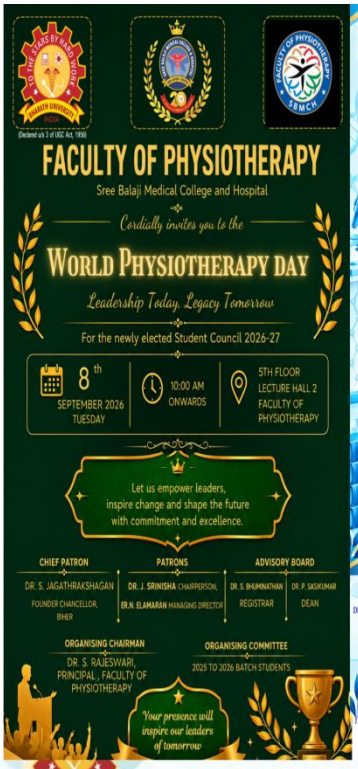
FACULTY OF PHYSIOTHERAPY

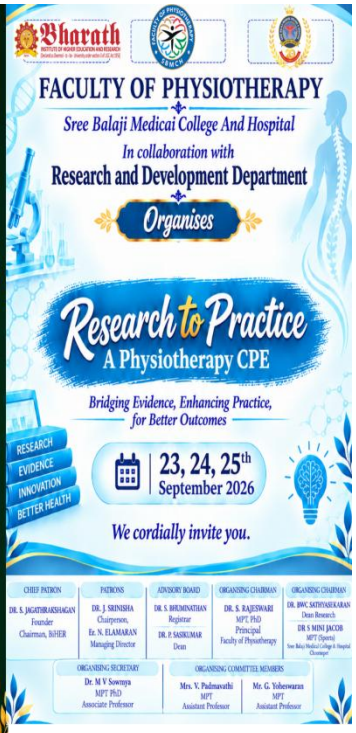
(Sree Balaji Medical College and Hospital campus)

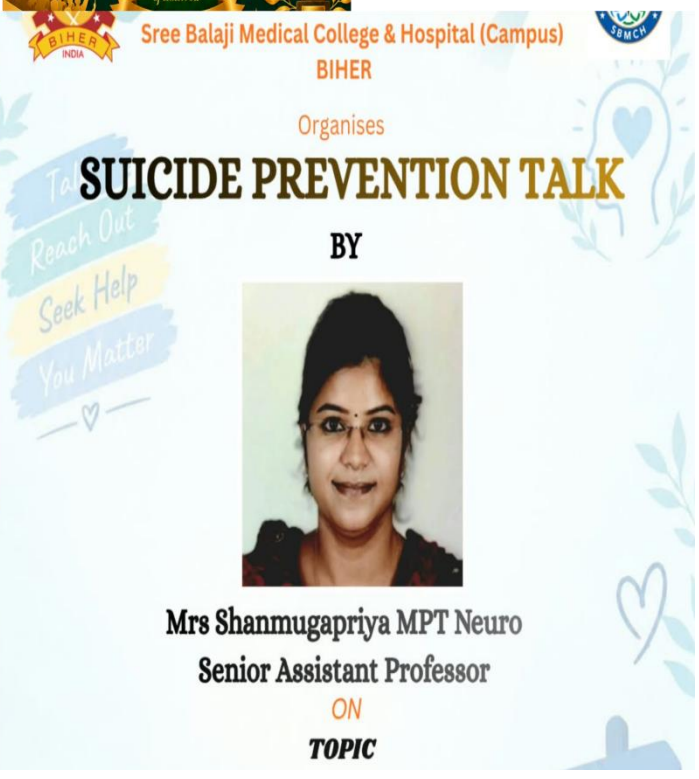
2026 Issue-3

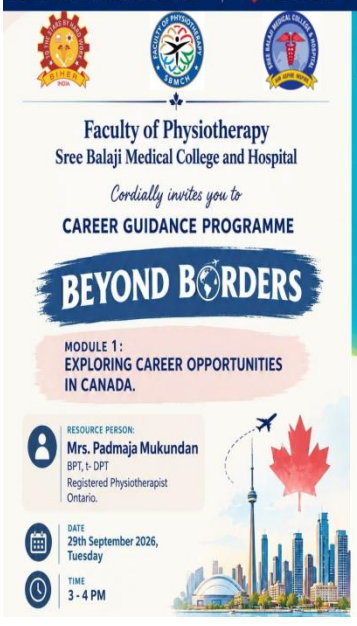



FACULTY OF PHYSIOTHERAPY
SREE BALAJI MEDICAL COLLEGE AND HOSPITAL, CHROMPET
WORLD PHYSIOTHERAPY DAY
8TH SEPTEMBER 2026
THE POWER OF PHYSIOTHERAPY
Move Better, Feel Better, Live Better
REHABILITATION RESTORES LIVES
STRONGER HEART
BETTER RECOVERY
HEALTHIER TOMORROW
PHYSIOTHERAPY CARES FOR EVERY BODY
DON'T LET HEART DISEASE OR STROKE STOP YOU
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CARDIAC REHABILITATION
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STRESS MANAGEMENT
WEIGHT MANAGEMENT
NUTRITION GUIDANCE
CONSULT A PHYSIOTHERAPIST TODAY
YOUR HEART. YOUR HEALTH. OUR PRIORITY.
BECAUSE MOVEMENT IS LI


FACULTY OF PHYSIOTHERAPY
Sree Balaji Medical College and Hospital
Cordially invites you to the
WORLD PHYSIOTHERAPY DAY
Leadership Today, Legacy Tomorrow
For the newly elected Student Council 2026-27
8th SEPTEMBER 2026 TUESDAY
10:00 AM ONWARDS
5TH FLOOR LECTURE HALL 2 FACULTY OF PHYSIOTHERAPY
Let us empower leaders, inspire change and shape the future with commitment and excellence.
CHIEF PATRON
PATRONS
ADVISORY BOARD
ORGANISING CHAIRMAN
DR. S. RAJESWARI, PRINCIPAL, FACULTY OF PHYSIOTHERAPY
ORGANISING COMMITTEE
2025 TO 2026 BATCH STUDENTS
Your presence will inspire our leaders of tomorrow


Bharath
FACULTY OF PHYSIOTHERAPY
Sree Balaji Medical College And Hospital
In collaboration with
Research and Development Department
Organises
Research to Practice
A Physiotherapy CPE
Bridging Evidence, Enhancing Practice, for Better Outcomes
RESEARCH
EVIDENCE
INNOVATION
BETTER HEALTH
23, 24, 25th September 2026
We cordially invite you.


Sree Balaji Medical College & Hospital (Campus)
BIHER
Organises
SUICIDE PREVENTION TALK
BY
Reach Out
Seek Help
You Matter
Mrs Shanmugapriya MPT Neuro
Senior Assistant Professor
ON
TOPIC


Faculty of Physiotherapy
Sree Balaji Medical College and Hospital
Cordially invites you to
CAREER GUIDANCE PROGRAMME
BEYOND BORDERS
MODULE 1:
EXPLORING CAREER OPPORTUNITIES IN CANADA.
RESOURCE PERSON:
Mrs. Padmaja Mukundan
BPT, t- DPT
Registered Physiotherapist
Ontario.
DATE
29th September 2026, Tuesday
TIME
3 - 4 PM

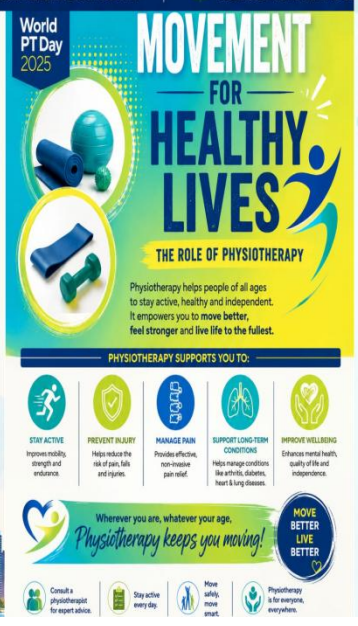

World PT Day 2025
MOVEMENT FOR HEALTHY LIVES
THE ROLE OF PHYSIOTHERAPY
Physiotherapy helps people of all ages to stay active, healthy and independent. It empowers you to move better, feel stronger and live life to the fullest.
PHYSIOTHERAPY SUPPORTS YOU TO:
STAY ACTIVE
PREVENT INJURY
MANAGE PAIN
SUPPORT LONG-TERM CONDITIONS
IMPROVE WELLBEING
Wherever you are, whatever your age, Physiotherapy keeps you moving!
MOVE BETTER LIVE BETTER

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GENERAL

About the Department

Faculty of Physiotherapy

at Sree Balaji Medical College & Hospital offers B.P.T program (Bachelor of Physiotherapy – Four Years & 1 Year Internship)









Bachelor of Physiotherapy is a professional course which focuses on the assessment, treatment and rehabilitation of people suffering from various physical health conditions that affect movement and functional ability. It is a highly in-demand global healthcare profession that provides hands-on clinical practice along with theoretical knowledge on assessment and intervention to restore, improve, or maintain optimal physical function and overall well-being for individuals, groups, or communities.

Bachelor of Physiotherapy (B.P.T) students acquire skills in Medical and Surgical conditions, Sports Rehabilitation, Musculoskeletal Sciences, Neurological Rehabilitation, Cardio-Pulmonary Physiotherapy, Community-based Rehabilitation, Exercise Therapy, Electrotherapy, Biomechanics, Evaluation, Intervention Techniques, and Research Methods. Clinical training is mandatory before graduation. For clinical postings, students will be posted to various specialties such as Neurology, Orthopedics, Cardio-Respiratory, General Medicine, General Surgery, Sports Rehabilitation, and Community Health. The medium of instruction will be English. B.P.T students will be trained in evidence-based practice from Pediatric to Geriatric care throughout the Five-year program. After passing the theory and practical examinations conducted by the University, students must undergo one year of compulsory rotatory internship. Students who complete the program successfully will be awarded the Degree of Bachelor of Physiotherapy (BPT) by the University

Mail Id: physiotherapy@sbmch.ac.in

Website address: https://www.fptsbmch.in/

VISION

"To be a leading center for physiotherapy education and research, advancing clinical excellence, innovation, and the training of ethical professionals dedicated to improving global health and well-being."

MISSION

Educate • Heal • Innovate

- ✓ Deliver evidence-based programs that build clinical expertise, critical thinking, and integrity.
- ✓ Promote research and innovation to advance rehabilitation science and practice.
- ✓ Provide patient-centered, inclusive training with emphasis on collaboration and community needs.
- ✓ Uphold ethical standards, preparing graduates to serve diverse populations with compassion and leadership.
- ✓ Strengthen institutional growth and global partnerships to enhance education, innovation, and societal impact.



It gives me immense pleasure to welcome you to the Faculty of Physiotherapy. Our institution is committed to excellence in education, research, and clinical practice, with a strong emphasis on developing competent, compassionate, and ethically responsible physiotherapy professionals.

In Greetings!

It gives me great pleasure to share the highlights of our institution's activities during the months of May and June.

Our Annual Sports Meet, initially planned for April, was conducted in May due to academic commitments. Despite the expected summer heat, the pleasant weather and unexpected rainfall created an enjoyable environment for the event. Students enthusiastically participated in various sports and games, demonstrating teamwork, discipline, perseverance, and sportsmanship.

The month of June witnessed a remarkable academic achievement with the successful conduct of the International Conference organized in collaboration with Sree Balaji College of Physiotherapy. The conference was centered on the theme "Emerging Technological Solutions for Enhanced Physiotherapy Rehabilitation Using Artificial Intelligence." Eminent speakers, academicians, researchers, clinicians, faculty members, and students from various institutions participated in this prestigious event. The conference provided an excellent platform for knowledge sharing and discussion on innovative technological advancements in physiotherapy rehabilitation and was celebrated with great success.

We also commemorated International Yoga Day, where students actively participated in yoga sessions and wellness activities. The celebration highlighted the importance of yoga in promoting physical fitness, mental well-being, and a healthy lifestyle.

I am pleased to share that our institution continued to gain recognition beyond the campus. I had the privilege of serving as a judge for poster presentations at the STAR Summit conducted at Saveetha College, along with a faculty member from our institution. In addition, I was invited to serve as an External Examiner at Saveetha College, reflecting the trust and confidence placed in our academic expertise and professional standards.

These achievements reflect the dedication of our students, faculty, and staff in pursuing excellence in academics, professional development, and holistic education. I congratulate everyone who contributed to these successes and encourage all members of our institution to continue striving for greater accomplishments.

Let us move forward with enthusiasm, innovation, and commitment as we continue our journey toward excellence in physiotherapy education and healthcare.

Rajeswari Kumaran

Principal

Faculty of Physiotherapy

STUDENT'S CORNER

ANERGO 2026 ANATOMY CONFERENCE

DEPARTMENT OF ANATOMY - 17TH JULY 2026

The Department of Anatomy organized the *National Anatomy Conference – “Anatomy of Ergonomics”* on *17 July 2026*. The conference focused on the application of anatomical principles in ergonomics and their importance in promoting safe, efficient, and healthy practices in academic, clinical, and occupational settings.

The programme provided an opportunity for participants to enhance their understanding of human anatomy in relation to posture, movement, workplace ergonomics, and musculoskeletal health. The sessions emphasized the importance of applying anatomical knowledge to prevent work-related musculoskeletal problems and promote overall well-being.

The conference brought together faculty members, healthcare professionals, students, and experts from the field, providing a valuable platform for academic interaction, knowledge sharing, and professional development.



Mr. Hrithik, won prizes in paper presentation respectively at the Anatomy Conference.



Mr. Kathiravan won prizes in Drawing competition in the Anatomy Conference.



Ms.Rohini won prizes in paper presentation respectively at the Anatomy Conference.



Our Principal delivered an inspiring speech, encouraging students to enhance their academic knowledge and actively participate in professional activities.

ONAM CELEBRATION

FACULTY OF PHYSIOTHERAPY- 5 September 2026

The *Onam Celebration* was conducted on 5 September 2026 with great enthusiasm and festive spirit. The celebration brought together students and faculty members to commemorate the traditional harvest festival of Kerala and celebrate its message of unity, prosperity, and togetherness.

The programme featured a variety of cultural activities that reflected the rich traditions and vibrant heritage associated with Onam. The celebrations provided an opportunity for students and faculty to participate actively, showcase their talents, and enjoy the festive atmosphere.

The event concluded on a joyful note, fostering a sense of togetherness, cultural appreciation, and memorable moments among all the participants.



Faculty members enthusiastically prepared themselves for the musical chairs competition, bringing excitement and a lively spirit to the celebration.



Musical Chairs: Students enthusiastically participated in the musical chairs activity, creating a fun and lively atmosphere



Welcome Dance: Students presented a vibrant welcome dance, adding colour and energy to the inaugural celebration.

WORLD PHYSIOTHERAPY DAY CELEBRATION

FACULTY OF PHYSIOTHERAPY - 8 September 2026

Theme: The Role of Physiotherapy and Physical Activity in the Prevention, Management, and Rehabilitation of Cardiovascular Disease and Stroke

The *World Physiotherapy Day 2026* celebration was conducted on *8 September 2026* to commemorate the contribution of physiotherapists towards improving health, mobility, independence, and quality of life. The theme for this year highlighted *the role of physiotherapy and physical activity in the prevention, management, and rehabilitation of cardiovascular disease and stroke*.

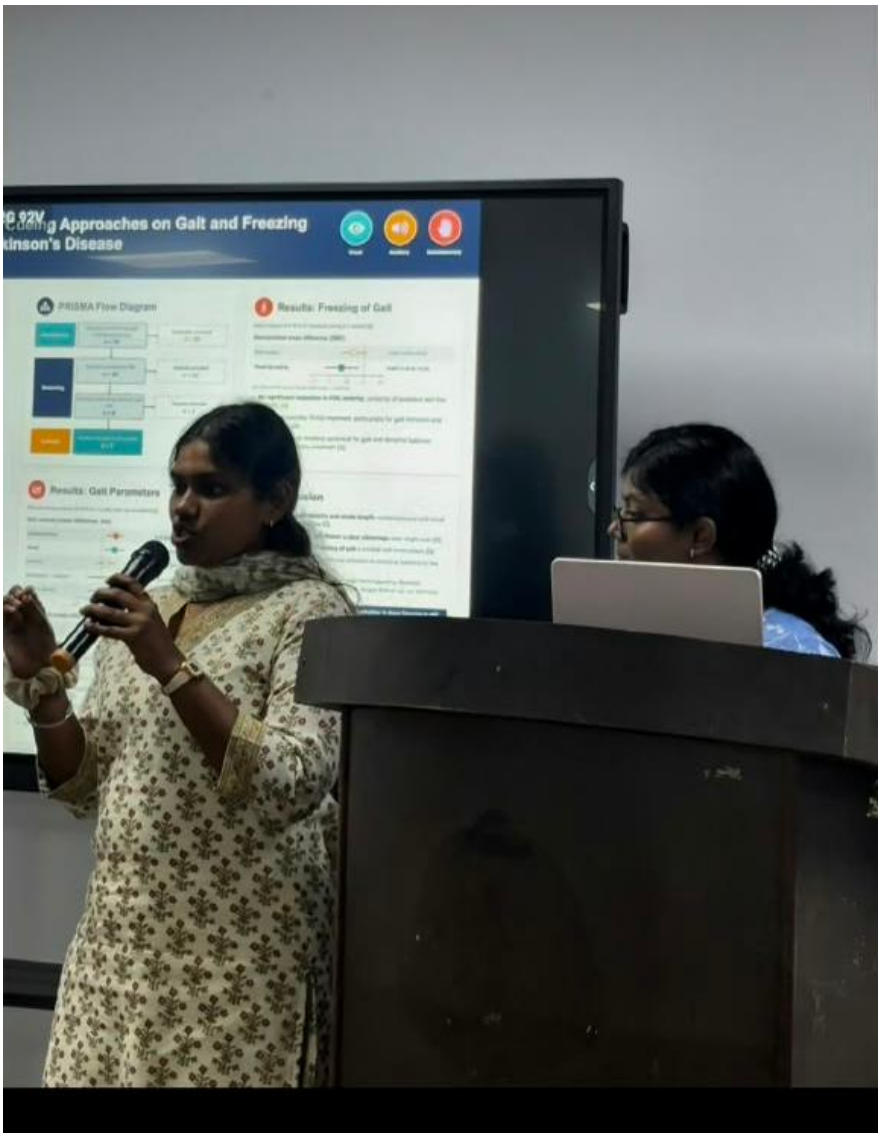
The programme focused on creating awareness about the importance of regular physical activity and the contribution of physiotherapists in promoting cardiovascular health, reducing risk factors, and supporting rehabilitation following stroke. The celebration also emphasized the importance of exercise, mobility, and healthy lifestyle practices across all age groups.

Various educational and awareness activities were conducted as part of the celebration, providing students and participants with an opportunity to enhance their knowledge and understand the expanding role of physiotherapy in cardiovascular and neurological rehabilitation.

The event concluded with a renewed commitment to promoting *movement, physical activity, prevention, and rehabilitation*, highlighting the vital role of physiotherapy in building healthier communities.


FACULTY OF PHYSIOTHERAPY
SREE BALAJI MEDICAL COLLEGE AND HOSPITAL, CHROMPET
WORLD PHYSIOTHERAPY DAY
8TH SEPTEMBER 2026
THE POWER OF PHYSIOTHERAPY
Move Better, Feel Better, Live Better
FACULTY OF PHYSIOTHERAPY SBMCH
THEME 2026
CARDIOVASCULAR DISEASE AND STROKE
CARDIOVASCULAR DISEASE IS THE LEADING CAUSE OF DEATH WORLDWIDE
Physiotherapy helps strengthen the heart, improve endurance and reduce risk factors.
STROKE CAN HAPPEN TO ANYONE, ANYTIME
Physiotherapy supports recovery, restores movement and independence after stroke.
REHABILITATION RESTORES LIVES
STRONGER HEART
BETTER RECOVERY
HEALTHIER TOMORROW
PHYSIOTHERAPY CARES FOR EVERY BODY
PREVENT DISEASE
Stay active, control risk factors and protect your heart and brain.
RESTORE MOVEMENT
Regain strength, mobility and independence.
RECOVER FASTER
Physiotherapy speeds up recovery after cardiac events or stroke.
IMPROVE QUALITY OF LIFE
Enhance daily function, confidence and well-being.
PREVENT RECURRENCE
Stay active. Stay healthy. Stay strong. Physiotherapy is with you every step.
WE SUPPORT YOU IN:
CARDIAC REHABILITATION
STROKE REHABILITATION
EXERCISE PRESCRIPTION
LIFESTYLE MODIFICATION
STRESS MANAGEMENT
WEIGHT MANAGEMENT
NUTRITION GUIDANCE
DON'T LET HEART DISEASE OR STROKE STOP YOU
TAKE THE FIRST STEP TOWARDS A BETTER YOU
CONSULT A PHYSIOTHERAPIST TODAY
YOUR HEART. YOUR HEALTH. OUR PRIORITY.
BECAUSE MOVEMENT IS LIFE





Students confidently explained their presentations



Students educated patients about their conditions and provided appropriate physiotherapy rehabilitation guidance for functional recovery.

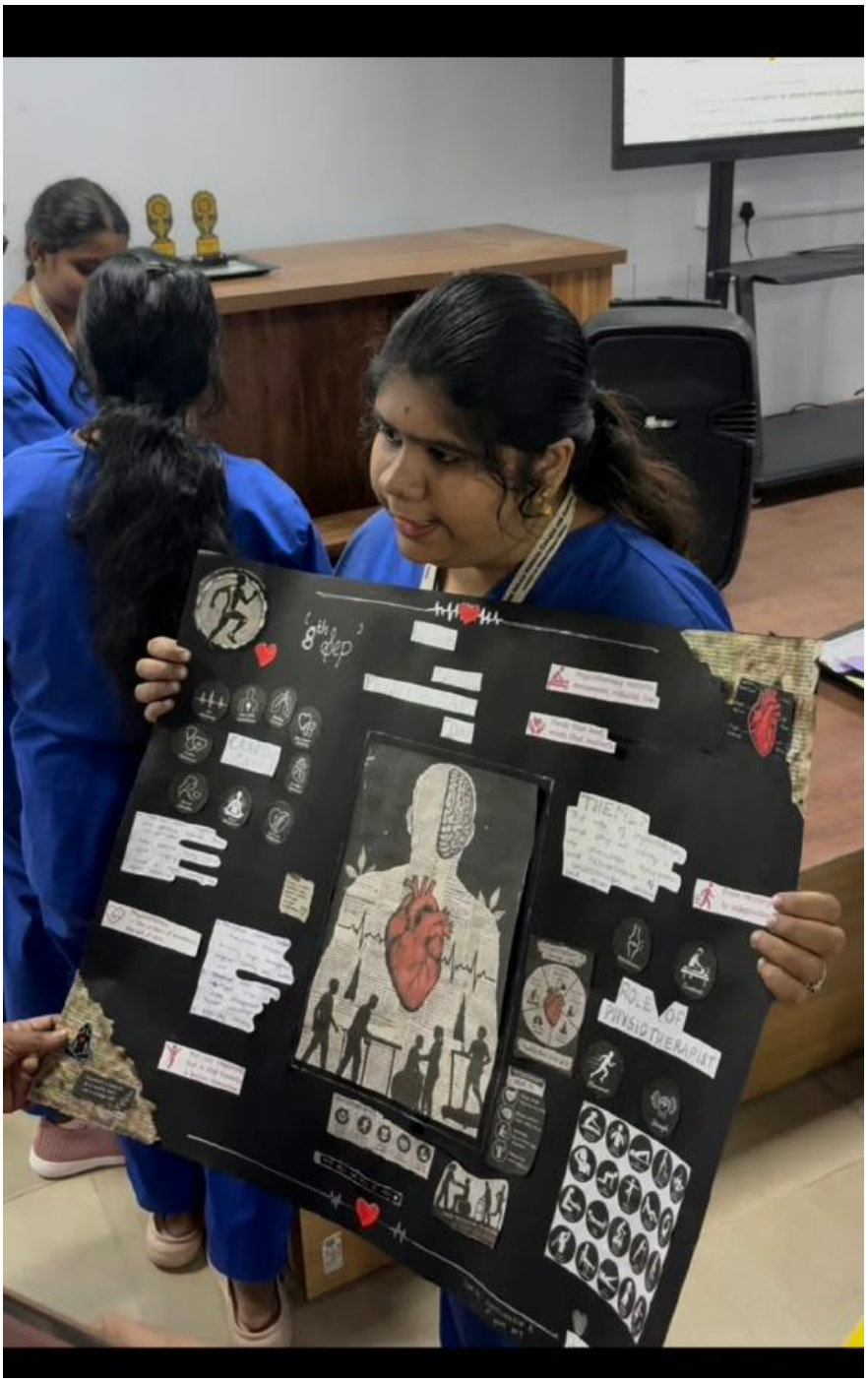




presented their posters and actively responded to the judges questions and feedback.



Judges evaluated the students presentations and provided valuable feedback and suggestions for improvement.



presented their posters and actively responded to the judges' questions and feedback.



Students actively participated in a street play to create public awareness and effectively communicate important health messages to the community for the world physiotherapy day

BPT & MPT INDUCTION CEREMONY 2026-2027

7TH SEPTEMBER

The *Induction Ceremony for BPT and MPT students of the academic year 2026–2027* was conducted on *7 September 2026* to warmly welcome the new batch of students into the Faculty of Physiotherapy. The programme marked the beginning of their academic journey and provided an opportunity to introduce students to the institution, academic environment, and professional expectations.

The ceremony included an introduction to the *BPT and MPT programmes, academic curriculum, institutional guidelines, student responsibilities, and professional ethics*. Faculty members interacted with the students and highlighted the importance of discipline, effective communication, teamwork, ethical practice, and continuous learning in the field of physiotherapy.

The induction programme served as a meaningful platform for students to become familiar with the academic and clinical learning environment and encouraged them to actively participate in their professional development.

The event concluded on a positive note, inspiring the students to begin their journey with *confidence, commitment, and

enthusiasm towards becoming competent and compassionate physiotherapy professionals*.



Gathering of both BPT and Mpt students for the Inaugral Ceremoy The programme was designed to formally welcome the newly admitted students into the institution and to provide them with an orientation to the academic, clinical, professional, and institutional environment of the Faculty of Physiotherapy.



Dr. M.V. Sowmya, Associate Professor, Faculty of Physiotherapy, Sree Balaji Medical College and Hospital, delivered the MPT Course Description session for the MPT – 2026 batch. The session provided an overview of the postgraduate programme and its academic, clinical, and research requirements.



Ms. R.P. Shanmugapriya, Senior Assistant Professor, Faculty of Physiotherapy, Sree Balaji Medical College and Hospital, delivered the BPT Course Description session. The students were oriented regarding the structure of the BPT programme, curriculum, academic requirements, clinical exposure, and professional expectations.



The inaugural ceremony of the BPT and MPT programmes was graced by the active participation of the academic and clinical faculty members.
The faculties warmly welcomed the students and extended their best wishes for a successful journey in physiotherapy education, clinical training, and professional excellence.





The Principal felicitated the Dean Sir and Vice Principal Madam by presenting them with a bouquet as a gesture of respect and appreciation. The ceremony reflected the warmth, gratitude, and support of the Faculty of Physiotherapy leadership.

FACULTIES CORNER

FACULTIES CORNER

Dr. Sowmya M.V.

Associate professor, Faculty of Physiotherapy, SBMCH,

1) Dr. Sowmya M.V. conducted the introduction to curriculum on September 7th 2026 on Master of physiotherapy to the fresh batch of post Graduate students of different specialty to develop an insight on the new approach based on National Council of Allied Health Sciences professionals.

2) Dr. Sowmya M.V participated in the 8 day Faculty Development Program on Research, Statistics, Publishing,IPR & AI titled THE NEXTGEN RESEARCHER - From Research Ideas to Innovation & Impact, organized by Sathyabama School of Physiotherapy on 24th August to 1st September 2026 from 1:00 pm to 2:00 pm

3) Dr. Sowmya M.V participated in the webinar conducted on 8th September 2026 titled Fear of Falling in Older Adults: The hidden Barrier to Mobility and successful Rehabilitation by Academy of Government Physiotherapy Professionals

4) Dr. Sowmya M.V presented the Curriculum aspects and Compulsory clinical training rotation internship for the BPT program as a part of Faculty Development program on 17, August 2026ss

5) Dr. Sowmya M.V organising secretary with the committee members Mr.G.Yoheshwaran and Ms. Padmavathy successfully conducted a 3 day continuing professional education program CPE from 23 rd September to 25th September 2026, for the post graduate students on the theme RESEARCH TO PRACTICE with the support and encouragement and in collaboration with Dr. BWC SATHYASEKARAN , Research Dean and DR. S. MINI JACOB, Research Director with their faculty team from Research & Development Department, and Community Medicine department faculties, SBMCH rendered various research oriented topics which helped the students understand and create a research oriented mind and develop their skills in research writing and publishing dissertation , papers and projects.



Dr. Sowmya MV warmly welcomes all dignitaries, resource persons, faculty members, and students to the **three-day CPE programme**, welcomed everyone an enriching and meaningful learning experience.





The inaugural ceremonial lamp lighting was led by Dr. BWC Sathyasekaran, Research Dean and Dr Saramma MIni Jacob Research Director, marking the auspicious beginning of the three-day CPE programme.



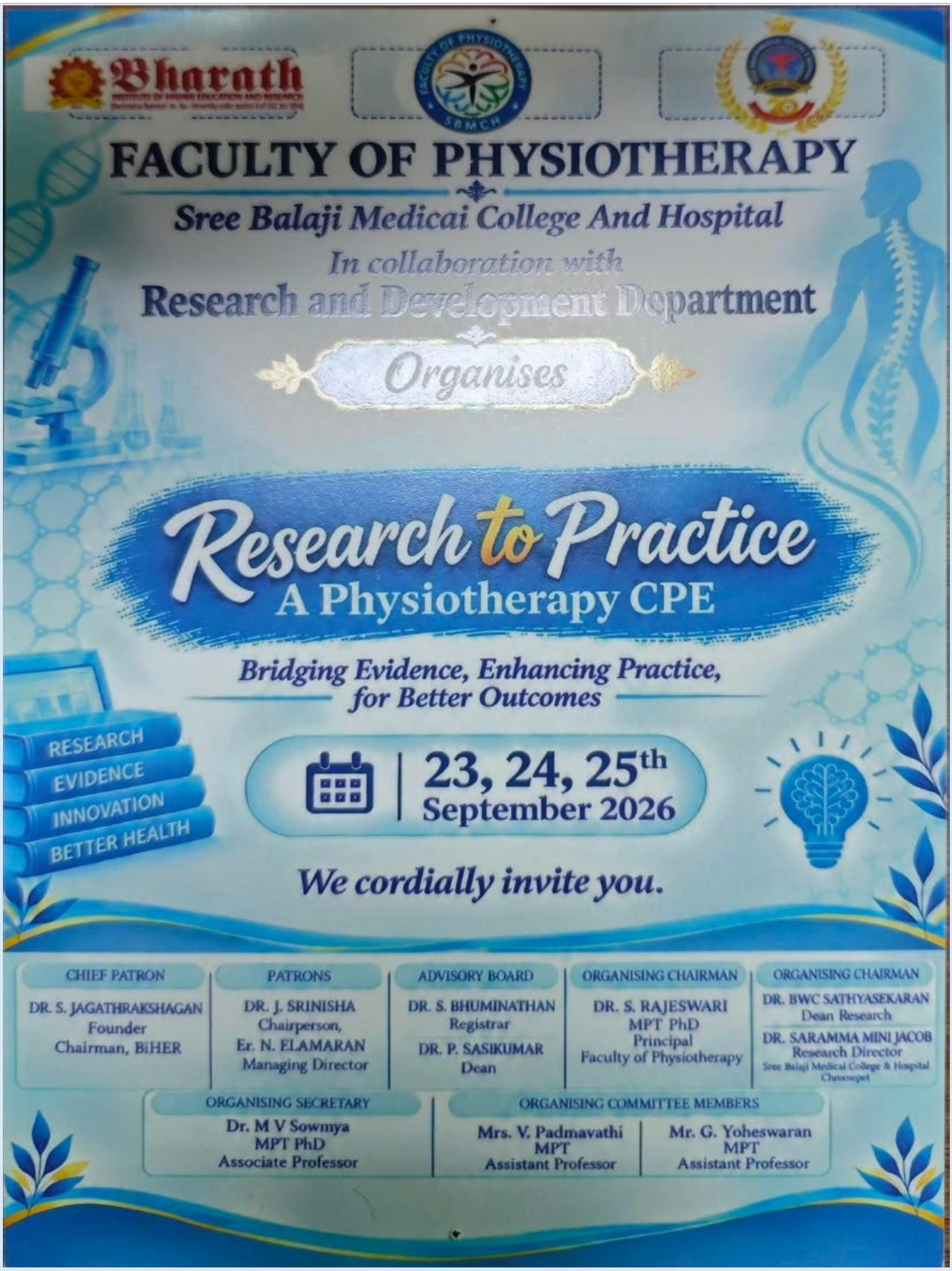
The inaugural ceremonial lamp lighting was led by Our Principal Dr. S. Rajeswari mam



Dr sowmya M V warmly welcomed Dr P Sasikumar Dean S and Dr . Renukadevi Vice principal SBMCH



The Organising Secretary and Committee Members coordinated and supported the successful execution of the three-day CPE programme.


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Organises
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RESEARCH
EVIDENCE
INNOVATION
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23, 24, 25th September 2026
We cordially invite you.
CHIEF PATRON
DR. S. JAGATHRAKSHAGAN
Founder
Chairman, BIHER
PATRONS
DR. J. SRINISHA
Chairperson,
Er. N. ELAMARAN
Managing Director
ADVISORY BOARD
DR. S. BHUMINATHAN
Registrar
DR. P. SASIKUMAR
Dean
ORGANISING CHAIRMAN
DR. S. RAJESWARI
MPT PhD
Principal
Faculty of Physiotherapy
ORGANISING CHAIRMAN
DR. BWC SATHYASEKARAN
Dean Research
DR. SARAMMA MINI JACOB
Research Director
Sree Balaji Medical College & Hospital
Chromepet
ORGANISING SECRETARY
Dr. M V Sowmya
MPT PhD
Associate Professor
ORGANISING COMMITTEE MEMBERS
Mrs. V. Padmavathi
MPT
Assistant Professor
Mr. G. Yoheswaran
MPT
Assistant Professor

Dr. Kanimozhiselvi

1. Dr. Kanimozhiselvi Sounderrajan Jamunarani Attended CARDIOCONNECT2026September 5 th 2026 Organised by St. JOHNS UNIVERSITY, BANGALORE.

2. ATTENDED NATIONAL CONFERENCE ANERGO 2026 ORGANISEDBYDEPARTMENT OF ANATOMY ON 18TH JULY 2026.

3. Dr. Kanimozhiselvi Sounderrajan Jamunarani Attended live event titledAJSMWebinar Series: ACL Injury and PTOA: Bridging Biology, Imaging, andMachineLearning to Improve Outcomes in 1 day. organised by AOSSM3.

4. Dr. Kanimozhiselvi Sounderrajan Jamunarani Attended day CPEon Research to Practice on 23,24 and 25 September 2026 organised by Faculty of Physiotherapy,SBMCH.

5. . Dr. Kanimozhiselvi Sounderrajan Jamunarani Sathyabama Event name: TheNextGen researcher- From Research Ideas to Innovation and Impact. Event date:24thAugust to 1st September, 2026 Time : 1-2 PM

Mrs. Shanmugapriya R.P.

1. Mrs shanmugapriya R P Event name: The Next Gen researcher- From Research Ideas to Innovation and Impact in Sathyabama.

Event date: 24th August to 1st September, 2026 Time : 1-2 PM

2. Delivered a orientation session to BPT about BPT program, NCAHP curriculum, college rules and regulations on Induction Day

Presented a topic "NCAHP MPT IA and University Exam Pattern" in FDP

3. Attended 3 day CPE on Research to Practice on 23,24 and 25 September 2026 organised by Faculty of Physiotherapy, SBMCH.

4. A Suicide Prevention Awareness Talk on "Why Suicide?" was conducted to help students understand the emotional, psychological, and social factors associated with suicidal thoughts.
The session emphasized recognizing warning signs, seeking timely professional help, supporting peers, and promoting a safe and compassionate campus environment on 10th september 2026



A Suicide Prevention Awareness Talk on "Why Suicide?" was conducted to help students understand the emotional, psychological, and social factors associated with suicidal thoughts.



A Suicide Prevention Awareness Talk on "Why Suicide?" was conducted to help students understand the emotional, psychological, and social factors associated with suicidal thoughts.



INVIITATION OF SUICIDE PREVENTION

Ms. Kaviarasi S, MPT (Sr.ASSISTANT PROFESSOR)

Senior Assistant Professor, Faculty of Physiotherapy, SBMCH

1. Participated in 8 day Faculty development programme on The NEXTGEN RESEARCHER - From research ideas to innovation organized by sathyabama school of Physiotherapy from 24August to 1st September fron 1pm - 2pm

2. Participated webinar titled Cardio connect : Coronary care summit on the occasion of world physiotherapy day on 5/09/2026 between 9am - 5pm by St.John's Institute of Physiotherapy

3. Participated 3 day CPE on Research to Practice on 23,24,25 September 2026 organized by Faculty of Physiotherapy, SBMCH.

4. Attended day CPEon Research to Practice on 23,24 and 25 September 2026 organised by Faculty of Physiotherapy,SBMCH.

Ms. Padmavathi V , MPT (ASSISTANT PROFESSOR)

PUBLICATIONS :

1. Comparison of Pilates Mat and Kendall Exercises on Craniovertebral Angle, Pain and Neck Disability among Young Adults with Forward Head Posture: A Pilot Randomized Controlled Trial (Accepted: August 04, 2026 | Published: September 05, 2026)
   DOI ***https://doi.org/10.47310/jpms2026150803***
2. Inter and intra- rater differences in the extent of lean release and its influence on forward – stepping characteristics *.journal of Daoist Studies,19(S10),1061 – 1068*

EVENTS :

1. Ms. Padmavathi .V (Assistant professor) organizing member successfully conducted a 3 day continuing professional education program CPE from23rdSeptember to 25th September 2026, for the post graduate students on the theme RESEARCHTOPRACTICE with the support and encouragement and in collaboration with Dr. BWC SATHYASEKARAN, Research Dean and DR. S. MINI JACOB, Research Director with their

faculty team from Research & Development Department, and Community Medicine department faculties, SBMCH rendered various research oriented topics which helped the students understand and create a research oriented mind and develop their skills in research writing and publishing dissertation , papers and projects.

2. Attended a WEBINAR : PELVIC FLOOR MUSCLES (CLINICAL FOUNDATION FOR ASSESSMENT AND REHABILITATION)at 12 july ,2026 at 8.30 am – 12.30 pm
3. Ms. Padmavathi .V **(Assistant professor)** participated in WEBINAR SESSION : TITLE : RECLAIMING REHABILITATION TIME AFTER STROKE at 12 july , 2026 at 1.00pm – 4.00pm

4. Attended the National conference on anatomy of ergonomic Anergo at 17, july 2026 at 8.30 am – 4.00 pm

5. Ms. Padmavathi .V **(Assistant professor)** delivered a orientation session to MPT about MPT program, *Presented a topic "NCAHP on projects, Credits and Gradings on MPT Program in FDP On 17 August ,2026*

6. Participated in CEBNR's 3rd physiotherapy clinician conference 2026 - Theme :stroke rehabilitation : Translating evidence in to clinical practice was attended on September 20,2026 at 9.30 am – 4.00pm

7. Ms. Padmavathi .V **(Assistant professor)** participated in the 8 day Faculty Development Programon Research, Statistics, Publishing,IPR & AI titled THE NEXTGEN RESEARCHER - From Research Ideas to Innovation & Impact, organized by Sathyabama School of Physiotherapy on 24th August to 1st September 2026 from1:00 pm to 2:00 pm

8. Attended the conference by valliammai foundation in the title of The Hidden side of parkinson disease - cognitive and Non - motor rehabilitation at september 21,2026 at 9.30 am – 4.00 pm

Mr. Yoheswaran G.
Assistant Professor, Faculty of Physiotherapy

1. Successfully participated as a Sports Physiotherapist at a 3-day National Tennis Championship, providing on-field physiotherapy support and treatment to National-level tennis players and para-athletes.

A memorable experience in sports physiotherapy, contributing to athlete care at the national level.





The session on On-Field Physiotherapy and rehabilitation, and safe return to sport,



Treating Para-Athletes focused on practical approaches to injury management,ith emphasis on the unique needs of para-athlete



A proud professional experience that included the opportunity to meet and interact with **Mr. Anand Amritraj, former Indian Davis Cup player and Davis Cup captain**, while providing on-field treatment and sports physiotherapy services.

2.THE NEXT GEN RESEARCHER

From Research Ideas to Innovation and Impact

Event Date: 24 August – 1 September 2026
Time: 1:00 PM – 2:00 PM

A focused academic initiative aimed at encouraging young researchers to transform **research ideas into innovative solutions with meaningful real-world impact.**

3.Cardio connect

Participated webinar titled Cardio connect : Coronary care summit on the occasion of world physiotherapy day on 5/09/2026 between 9am - 5pm by St.John's Institute of Physiotherapy

4.NCAHP programme

Attended one day NCAHP curriculum programme at Hindustan University on 1st

August 2026.

5. Mr. G Yoheswaran (Assistant professor) organizing member successfully conducted a 3 day continuing professional education program CPE from23rdSeptember to 25th September 2026, for the post graduate students on the theme RESEARCH TO PRACTICE with the support and encouragement and in collaboration with Dr. BWC SATHYASEKARAN, Research Dean and DR. S. MINI JACOB, Research Director with their faculty team from Research & Development Department, and Community Medicine department faculties, SBMCH rendered various research oriented topics which helped the students understand and create a research oriented mind and develop their skills in research writing and publishing dissertation , papers and projects.

Ms. Swathi Sridhar (Assistant professor)

🌍 BEYOND BORDERS

Module 1: Exploring Career Opportunities in Canada

Date: 29 September 2026
Time: 3:00 PM – 4:00 PM

Organised by: Ms. Swathi S.
Assistant Professor
Faculty of Physiotherapy

Empowering students to explore global career pathways and opportunities in Canada



Mrs. Swathi warmly welcomed the guest speaker and expressed her gratitude for their valuable presence and contribution to the three-day CPE programme.



Dr. Padmaja delivered an insightful session on **career guidance for students**, highlighting career opportunities, professional development, and the skills required to build a successful career in physiotherapy.



Our Principal, Dr. S. Rajeswari Mam, felicitated the guest speaker by presenting a memento as a token of appreciation and gratitude for their valuable contribution.

ACADEMIC & PROFESSIONAL DEVELOPMENT

🧠 Challenges in Rehabilitation for Falls

📅 26 September 2026
⏰ 7:00 PM – 8:00 PM

An academic session focusing on contemporary challenges in the rehabilitation and

management of falls.

Falls in Parkinson's Disease and Older Adults

29 August 2026
7:00 PM – 8:00 PM

A focused session exploring falls, associated risk factors, and rehabilitation considerations in people with Parkinson's disease and older adults.

The Neglected Half: Visual and Spatial Rehabilitation

24 July 2026
7:30 PM – 9:00 PM

An insightful academic session highlighting the importance of visual and spatial rehabilitation in comprehensive neurological rehabilitation.

The Inner Compass

21 August 2026
7:30 PM – 8:45 PM

A professional learning session focused on enhancing clinical perspectives and rehabilitation decision-making.

Taming Neuroplasticity

4 September 2026
7:30 PM – 8:45 PM

An academic session exploring the principles of neuroplasticity and their application in contemporary neurological rehabilitation.

Cardio Connect

Attended CARDIOCONNECT2026September 5 th 2026 Organised by St. JOHNS UNIVERSITY, BANGALORE.

CPE Programme

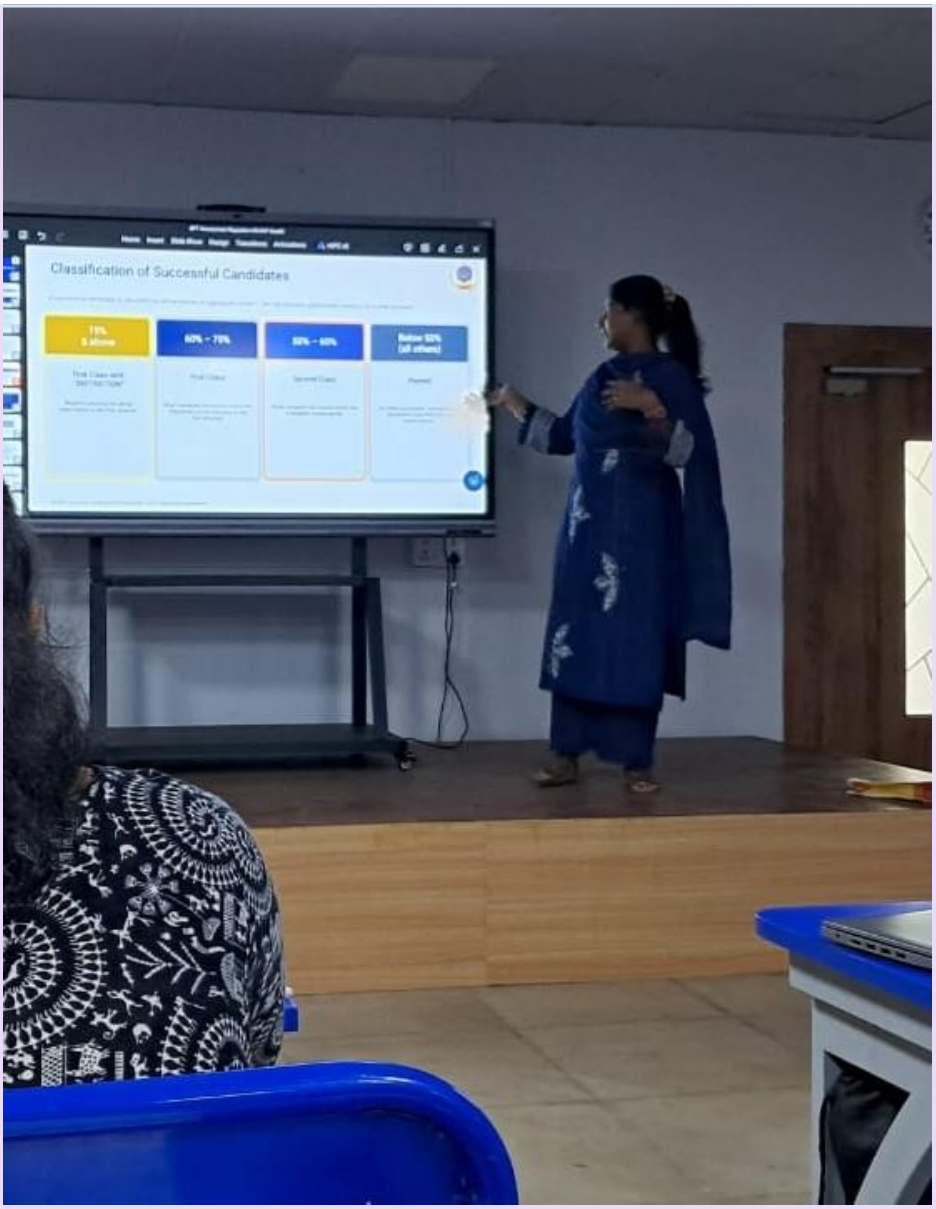
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Faculty Development Programme

Event date: 17/08/2026

Time: 9:30 AM to 10:00 AM

Topic: BPT Internal Assessment and Conduction of University Examination, Break of study and Readmission.



Ms.Swathi conducted FDP on BPT Internal Assessment and Conduction of University Examination, Break of study and Readmission on 17/08/2026 at Faculty of physiotherapy, SBMCH

Mr. Anush Kumar Hariharan

Event Name: De Sportivous 4.0 – Resilio'26

Event: Intercollegiate Paramedical Sports Meet

Date: 30th September & 1st October 2026

Venue: SIMATS Ground, Saveetha University, Saveetha Nagar, Thandalam, Chennai – 602105

Organized by: Saveetha College of Occupational Therapy (SCOT), Saveetha Institute of Medical and Technical Sciences

Faculty:

* Ms. Shanmuga Priya S.P., Senior Assistant Professor

* Mr. Anushkumar Hariharan, Assistant Professor



Participation: Accompanied and supported students during the sports meet.



Participation: Accompanied and supported students during the sports meet.

Sports Events: Football 5's, Kabaddi, Cricket, Volleyball, Throwball, Kho-Kho, Carrom and Chess.

Experience/Learning: Gained experience in student supervision, sports event coordination, on-field support, teamwork, and facilitating student participation in competitive sporting activities.

2. Event Name: Webinar on "Stroke Rehabilitation"

Type of Event: Webinar

Date: 4th September 2026

Organized by: Department of Neurological Physiotherapy, Sri Ramachandra Faculty of Physiotherapy, SRIHER (DU), Chennai

Participant: Mr. Anushkumar Hariharan

Participation: Attended the webinar as a participant.

Experience/Learning: Gained updated knowledge and insights into the principles and approaches of stroke rehabilitation, with relevance to physiotherapy assessment and

rehabilitation practice.

3. Event Name: ALGARG Cricket Tournament 2026

Type of Event: Cricket Tournament

Date: 29th August 2026

Role: Onfield Physiotherapist

Venue: Pachaiyappas College Ground, Chennai

Organized by: ALGARG

Participation: Participated in/supporting the cricket tournament as a sports physiotherapy faculty member.

Experience/Learning: Gained practical experience in sports event management, athlete support, on-field supervision, injury prevention, and understanding the role of sports physiotherapy in ensuring athlete safety and performance during competitive cricket.



Mr. Anush Kumar actively participated in and supported the cricket tournament as a Sports Physiotherapy faculty member, providing on-field physiotherapy care and treatment to athletes and contributing to their safety, performance, and recovery.



Mr. Anush Kumar actively participated in and supported the cricket tournament as a Sports Physiotherapy faculty member, providing on-field physiotherapy care and treatment to athletes and contributing to their safety, performance, and recovery.

CPE PROGRAMME

Attended day CPEon Research to Practice on 23,24 and 25 September 2026 organised by Faculty of Physiotherapy,SBMCH.