

NEWS LETTER-2026 (May 2026 - June 2026)



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



FACULTY OF PHYSIOTHERAPY

(Sree Balaji Medical College and Hospital campus)

2026 Issue-2





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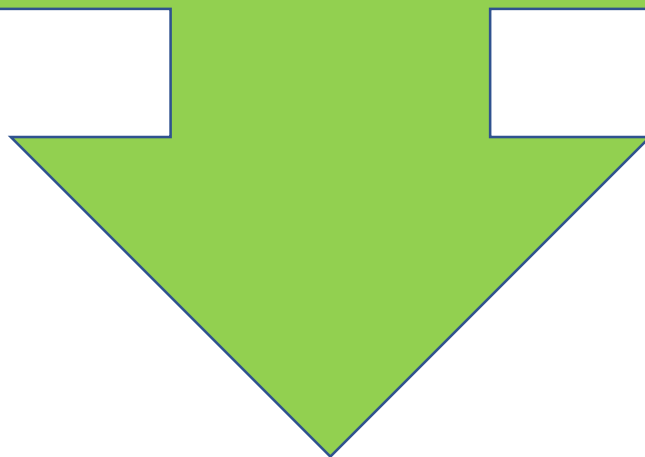
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GENERAL



About the Department



Faculty of Physiotherapy
at Sree Balaji Medical College & Hospital offers B.P.T
program (Bachelor of Physiotherapy – Four Years & 1
Year Internship)



Bachelor of Physiotherapy is a professional course which focuses on the assessment, treatment and rehabilitation of people suffering from various physical health conditions that affect movement and functional ability. It is a highly in-demand global healthcare profession that provides hands-on clinical practice along with theoretical knowledge on assessment and intervention to restore, improve, or maintain optimal physical function and overall well-being for individuals, groups, or communities.

Bachelor of Physiotherapy (B.P.T) students acquire skills in Medical and Surgical conditions, Sports Rehabilitation, Musculoskeletal Sciences, Neurological Rehabilitation, Cardio-Pulmonary Physiotherapy, Community-based Rehabilitation, Exercise Therapy, Electrotherapy, Biomechanics, Evaluation, Intervention Techniques, and Research Methods. Clinical training is mandatory before graduation. For clinical postings, students will be posted to various specialties such as Neurology, Orthopedics, Cardio-Respiratory, General Medicine, General Surgery, Sports Rehabilitation, and Community Health. The medium of instruction will be English. B.P.T students will be trained in evidence-based practice from Pediatric to Geriatric care throughout the Five-year program. After passing the theory and practical examinations conducted by the University, students must undergo one year of compulsory rotatory internship. Students who complete the program successfully will be awarded the Degree of Bachelor of Physiotherapy (BPT) by the University

Mail Id: physiotherapy@sbmch.ac.in

Website address: <https://www.fptsbmch.in/>



VISION

"To be a leading center for physiotherapy education and research, advancing clinical excellence, innovation, and the training of ethical professionals dedicated to improving global health and well-being."



MISSION

- ✓ Deliver evidence-based programs that build clinical expertise, critical thinking, and integrity.
- ✓ Promote research and innovation to advance rehabilitation science and practice.
- ✓ Provide patient-centered, inclusive training with emphasis on collaboration and community needs.
- ✓ Uphold ethical standards, preparing graduates to serve diverse populations with compassion and leadership.
- ✓ Strengthen institutional growth and global partnerships to enhance education, innovation, and societal impact.

Principal's Message



It gives me immense pleasure to welcome you to the Faculty of Physiotherapy. Our institution is committed to excellence in education, research, and clinical practice, with a strong emphasis on developing competent, compassionate, and ethically responsible physiotherapy professionals.

In Greetings!

It gives me great pleasure to share the highlights of our institution's activities during the months of May and June.

Our Annual Sports Meet, initially planned for April, was conducted in May due to academic commitments. Despite the expected summer heat, the pleasant weather and unexpected rainfall created an enjoyable environment for the event. Students enthusiastically participated in various sports and games, demonstrating teamwork, discipline, perseverance, and sportsmanship.

The month of June witnessed a remarkable academic achievement with the successful conduct of the International Conference organized in collaboration with Sree Balaji College of Physiotherapy. The conference was centered on the theme "Emerging Technological Solutions for Enhanced Physiotherapy Rehabilitation Using Artificial Intelligence." Eminent speakers, academicians, researchers, clinicians, faculty members, and students from various institutions participated in this prestigious event. The conference provided an excellent platform for knowledge sharing and discussion on innovative technological advancements in physiotherapy rehabilitation and was celebrated with great success.

We also commemorated International Yoga Day, where students actively participated in yoga sessions and wellness activities. The celebration highlighted the importance of yoga in promoting physical fitness, mental well-being, and a healthy lifestyle.

I am pleased to share that our institution continued to gain recognition beyond the campus. I had the privilege of serving as a judge for poster presentations at the STAR Summit conducted at Saveetha College, along with a faculty member from our institution. In addition, I was invited to serve as an External Examiner at Saveetha College, reflecting the trust and confidence placed in our academic expertise and professional standards.

These achievements reflect the dedication of our students, faculty, and staff in pursuing excellence in academics, professional development, and holistic education. I congratulate everyone who contributed to these successes and encourage all members of our institution to continue striving for greater accomplishments.

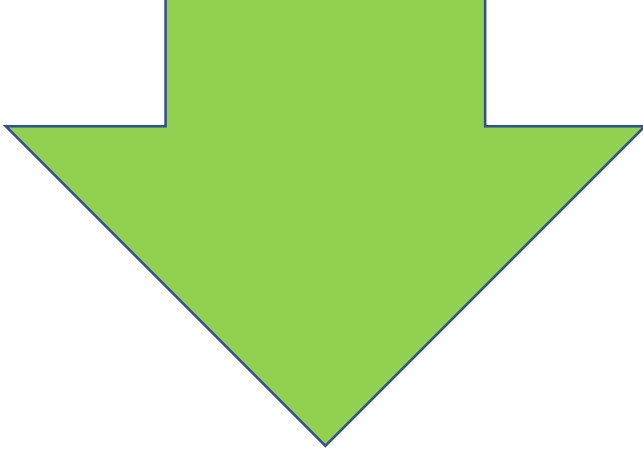
Let us move forward with enthusiasm, innovation, and commitment as we continue our journey toward excellence in physiotherapy education and healthcare.

Rajeswari Kumaran

Principal

Faculty of Physiotherapy

STUDENT'S CORNER



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SPORTS DAY CELEBRATION

FACULTY OF PHYSIOTHERAPY- SPORTS MEET 2026

8th & 9th May 2026

The Faculty of Physiotherapy successfully organized a Two-Day Sports Meet on 8th and 9th May 2026. The event provided an excellent platform for students to demonstrate their athletic skills, teamwork, leadership qualities, and sportsmanship.

Various sporting events and competitions were conducted with enthusiastic participation from students. The program encouraged physical fitness and promoted the importance of maintaining an active and healthy lifestyle.

✧ ORGANIZING CHAIRMAN

Mrs. S. Rajeswari,. Principal

SBFPT

✧ ORGANIZING SECRETARY

Mr. G. Yoheswaran,.Assistant Professor

✧ ORGANIZING COMMITTEE

- Dr. S. J. Kanimozhiselvi, Assistant Professor
- Ms. V. Padmavathi, Assistant Professor

SPORTS COMMITTEE

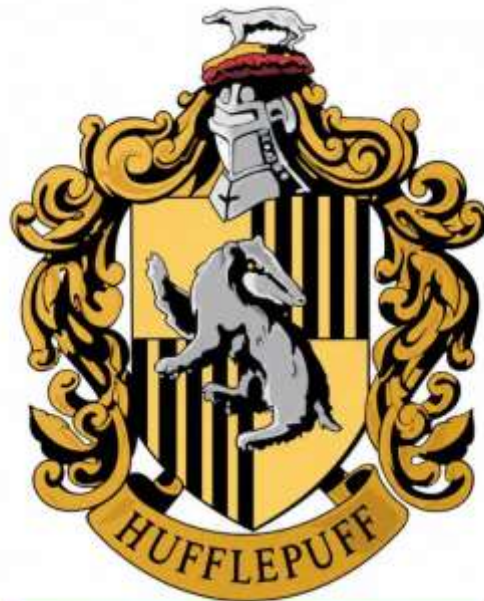
- **CAPTAIN - MOHANAPRIYAN B**
- **VICE CAPTAIN - LAKSHAN PRAJIT AP**

HOUSES WITH CAPTAIN AND VICE CAPTAIN



CAPTAIN: MOHAN.K

VICE CAPTAIN: ADRIJA SARKAR



CAPTAIN: VENKATESH

VICE CAPTAIN: SUBIKSHA



CAPTAIN: ROHITH

VICE CAPTAIN: ARUNA APPADURAI



CAPTAIN: SARAN

VICE CAPTAIN: DHANAPRIYA

Inauguration Ceremony



Dr. P. Sasikumar, Dean, Sree Balaji Medical College and Hospital, graciously inaugurated the Annual Sports Meet 2026 and inspired the students to pursue excellence in both sports and academics.



Dr. Veerabahu, Advisor, graced the Annual Sports Meet 2026 with his esteemed presence and encouraged the students to uphold the values of discipline, dedication, and sportsmanship.



Dr. Moorthy, Advisor of Sports Medicine, inspired the participants by emphasizing the importance of physical fitness, injury prevention, and the role of sports medicine in athletic excellence.



Dr. P. Sasikumar, Dean, along with Dr. Veerabahu, Advisor, and Dr. Moorthy, Advisor of Sports Medicine, Sports Secretary ceremonially lit the Olympic torch, symbolizing the spirit of unity, excellence, and sportsmanship.

MARCHING EVENTS



The colorful march past by the four houses showcased coordination, dedication, and the true spirit of sportsmanship among the students.

Track and Field Events



The girls showcased excellent teamwork, coordination, and determination during the throwball competition, displaying remarkable sporting spirit.



The boys exhibited speed, strategy, and endurance during the Kho-Kho event, reflecting their enthusiasm and team spirit.



The boys demonstrated outstanding skill, agility, and teamwork in the volleyball match, making the competition both exciting and competitive.



The Annual Sports Meet 2026 concluded on a joyous note with the prize distribution ceremony



The Annual Sports Meet 2026 concluded on a joyous note with the prize distribution ceremony, celebrating the achievements and sporting spirit of all participants.

Iyan_Synap_26

International Conference- 4th 5th 6th june 2026

The Faculty of Physiotherapy SBMCH and Sree Balaji college of Physiotherapy , successfully organized the IYAN International Conference 2026 at Raman Hall, 4th Floor, SBMCH, from 4th to 6th June 2026.

The three-day conference brought together eminent academicians, researchers, clinicians, and healthcare professionals from various institutions to share knowledge and discuss recent advances in physiotherapy and rehabilitation sciences.

Distinguished speakers delivered keynote lectures and scientific sessions on emerging trends, evidence-based practice, research innovations, and clinical advancements. The conference provided an excellent platform for academic exchange, professional networking, and collaborative learning.

Students and faculty members actively participated in the scientific sessions, workshops, and discussions, gaining valuable insights into current developments in healthcare and rehabilitation.

The IYAN International Conference 2026 concluded successfully, reinforcing the institution's commitment to academic excellence, research, and innovation in physiotherapy education and practice.



Dr. S. Bhumathan Registrar lighting the ceremonial lamp during the inaugural session.



Dr. P. Sasikumar Dean participating in the traditional lamp-lighting ceremony.



Dr. S. S. Subramanian Dean SBCEP inaugurating the conference through the ceremonial lamp lighting.



Dr. S. Rajeswari Principal SBFPT and Dr. M. R. Renuka Devi VP SBMCH taking part in the auspicious lamp-lighting ceremony.



Chief Guest address by Dr. S. Bhuminathan, Registrar, BIHER.



Guest of Honor address by Dr. P. Sasikumar, Dean, SBMCH.



The inaugural ceremony commenced with a captivating classical dance performance by Ms. S. Dhanashri and Ms. V. Gayathri, showcasing the cultural talents of the students.



The Souvenir of the IYAN International Conference 2026 was ceremoniously released by the esteemed dignitaries, highlighting the academic achievements and scientific contributions of the conference.



From left to right: Mrs. K. L. Shanthi, Assistant Professor; Mrs. R. Priya, Assistant Professor; Mrs. S. Rajeswari, Principal, Sree Balaji Faculty of Physiotherapy; Dr. S. J. Kanimozhiselvi, Assistant Professor; Mr. G. Yoheswaran, Assistant Professor; and Mr. Madhan Kumar, Assistant Professor, during the conference group photograph.



A memorable group photograph was taken with the Dean of SBCP, Principal of SBFPT, Faculty Members, and Our Grate full Students, marking the successful conclusion of the event.

INTERNATIONAL YOGA DAY CELEBRATIONS

20 June 2026

The Faculty of Physiotherapy, Sree Balaji Faculty of Physiotherapy, commemorated **International Yoga Day on 20th June 2026** with great enthusiasm and active participation from students and faculty members. The celebration aimed to promote physical fitness, mental well-being, and holistic health through the practice of yoga.

The programme included various yoga asanas, breathing exercises, and meditation sessions that emphasized the importance of maintaining a healthy body and mind. Students actively participated in the session and demonstrated different yoga postures with dedication and discipline.

The celebration highlighted the significance of yoga in preventive healthcare, stress management, flexibility, and overall wellness. Faculty members encouraged the students to incorporate yoga into their daily lives to achieve physical, mental, and emotional balance.

The event concluded successfully with a renewed commitment towards healthy living and the promotion of holistic well-being among future healthcare professionals.



Dr. Moorthy Sports Director and Mr. Sathish Kumar, Physical Director, led the meditation session, encouraging students to practice mindfulness and maintain a healthy balance between body and mind.



From left to right: Mr. G. Yoheswaran, Assistant Professor; Mrs. V. Padmavathi, Assistant Professor; Mrs. S. Rajeswari, Principal, Sree Balaji Faculty of Physiotherapy; and Mr. Sathish Kumar, Physical Director, during the International Yoga Day celebration held on 20th June 2026.



Dr. Moorthy Sports Director and Mr. Sathish Kumar, Physical Director, led the meditation session, encouraging students to practice mindfulness and maintain a healthy balance between body and mind.

STUDENTS OUTREACH PROGRAM

A Proud moment for our college.

Our students Ms. Santhiya Parkavi, Ms. Sushmitha, Ms. Thamaraiselvi and Ms. Vinsila Muthukumar Das of second semester represented as Observer, at 3rd Saveetha College of Physiotherapy Research Summit, Along with our Principal Mrs.S. Rajeswari Kumaran and Faculty Dr. S. J. Kanimozhiselvi as an External Judge for Poster by PG and UG students of SIMATS.



Students' Creative pursuits



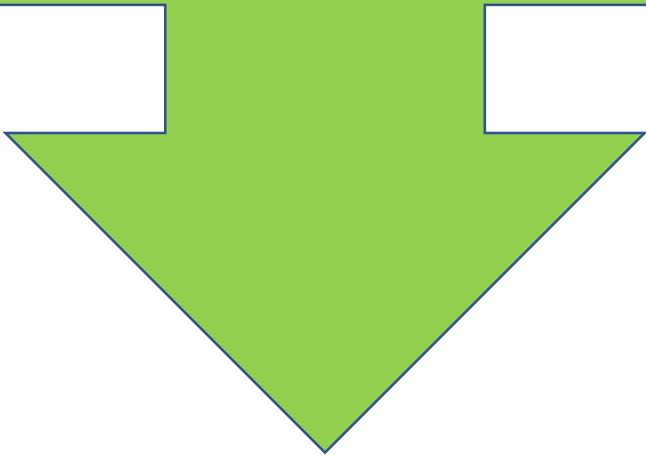
Rohini .D

1st year

Faculty of Physiotherapy

Sree Balaji Medical College and Hospital

FACULTIES CORNER



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PRINCIPAL ACHIEVEMENTS

Mrs. S. Rajeswari Kumaran - Principal SBFPT

- **Mrs. S. Rajeswari Kumaran** Successfully organized and conducted IYAN-SYNAP-26, a Three-Day International Conference at SBMCH.
- Participated in a Five-Day Live Online Workshop on **Systematic Review and Meta-Analysis**, enhancing research methodology and evidence-based practice skills.
- Successfully guided and coordinated the International Yoga Day celebration, promoting the importance of yoga and holistic well-being among students.



- As an External Judge at SIMATS, recognizing her academic expertise and professional excellence.

FACULTY ACHIEVEMENTS

- **Dr.S.J.Kanimozhiselvi** completed her **Doctor of Philosophy (PhD)** Viva voice defense on 7th May 2026 and received her Provisional certificate on completion of the degree from SRM College of Physiotherapy, SRMIST, KTR.



- **Dr. S. J. Kanimozhiselvi** served as an **External Judge** at 3rd Saveetha College of Physiotherapy Research Summit on 13th June 2026, for evaluating posters done by PG and UG students of SIMATS, and was awarded with certificate recognizing her academic expertise and professional excellence.



- **Dr. S.J. Kanimozhiselvi**, As a **Chairperson** for IYAN_26_SYNAP Conference held on 4th, 5th and 6th of June 2026, Organized by Sree Balaji Faculty of Physiotherapy (Chrompet) and Sree Balaji College of Physiotherapy (Pallikaranai).



- **Dr. S.J. Kanimozhiselvi** attended, one week **Faculty Development Programme** on Integration of AI in Healthcare Education Innovation and Implications, Organised by Department of Physiotherapy Hindustan School of Health Sciences, from 8th to 12th June 2026.



Mr. G. Yoheswaran Successfully organized and conducted the Faculty of Physiotherapy Sports Meet held on 8th and 9th May 2026.



Mr. G. Yoheswaran Completed a webinar on **Applied Sports Science** organized by the Department of Sports and Exercise Science on 13th June 2026.

Mr. G. Yoheswaran Participated in a Five-Day Live Online Workshop on **Systematic Review and Meta-Analysis**, enhancing research methodology and evidence-based practice skills.

Mrs. V. Padmavathi, served as a judge for the paper presentation session during the IYAN International Conference 2026, evaluating the scientific presentations of the participants.



Mrs. V. Padmavathi Participated in a Five-Day Live Online Workshop on **Systematic Review and Meta-Analysis**, enhancing research methodology and evidence-based practice skills.